



My voice statement

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Take a few moments to review your goals, your Vision Board, and your answers to the Questions for Reflection. Based on all you've discovered and recovered, write your personal Voice Statement.

Here are some thought-starters to help organize what you've learned and bring it together:

1. I (ex. reveal, heal, teach, empower, equip):

2. Who do you do it for (ex moms, professionals, the poor, students, baby boomers):

4. By using (ex, story-telling, holistic responses, creativity):

5. By being (your enduring qualities – supportive, encouraging, innovative, resourceful, thoughtful, courageous):

Allow yourself the freedom and flexibility to write whatever speaks to you. You can always go back and wordsmith it as needed.