



## ***Experiment with Life!***

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*By giving yourself permission to try something on a temporary basis, you free yourself from the fear of failure, and you might discover something that stirs your soul like never before.*

Even small experiments can open your mind to new ideas and possibilities. You could study a subject that interests you, volunteer with a cause that tugs at your heart, take an internship or short-term apprenticeship, plan a trip to a place you've never been before, take on one client on a freelance assignment.

Take a minute to complete this thought: I've always wanted to:

Why haven't you done whatever it is you wrote above?

What has been holding you back? How could you experiment with that idea?